

**Sarasota Plastic Surgery Center
(941) 366-8897**

All Drugs, particularly Vitamins, Herbs, and Supplements can influence your healing process by changing your metabolism and/or thinning your blood. Usage of these medications during surgery can put you at a higher risk of complications with healing. This is a partial list, if you are taking something you are not sure about, call us and verify that it is okay to use. Your Medical Doctor will need to give directions how to stop your anti-coagulants and ADHD medications. Accutane use in the last year prevents us from doing surgery.

We require you to discontinue all medically unnecessary over-the-counter Vitamins, Herbs, and Supplements two weeks prior to and the full week following your surgery.

<p>Anti-Inflammatories Advil Aleve Anacin Anaprox Aspirin BC Powder Bufferin Butazolidin Celebrex Darvon Enbrel Excedrin Fiorinal Ibuprofen Indocin Ketoprofen Meloxicam Midol Mobic Motrin Naprosyn Naproxen Nuprin Pamprin Pepto Bismol</p> <p>Migraine Control Advil Migraine Excedrin Migraine Imitrex Zomig</p>	<p>Anti-Coagulants (These require medical directions to stop) Aggrenox Aspirin Coumadin Eliquis Fragmin Heparin Jantoven Lovenox Plavix Pradaxa Warfarin Xarelto</p> <p>Cold-Allergy Medication Actifed Alka Seltzer Contac Coricidin Dimetapp Dristan NyQuil Ru-Tuss Sinutab Triaminic</p>	<p>ADHD Medication/ Stimulants (Please speak with your medial provider about weaning off these medications) Adderall Amphetamines Concerta Dexedrine Focalin Methylphenidates Ritalin Strattera Vyvanse</p> <p>Appetite Suppressants Accutrim Alli Dexatrim Fastin Hydroxycut Meridia Phentermine</p> <p>Supplements Acai Bilberry Cayenne CoQ10 DHEA Dong Quai Echinacea</p>	<p>Supplements Cont. Ephedra Feverfew Fish Oil Caps Flaxseed Oil Garlic Ginger Gingko Biloba Ginseng Glucosamine Chondroitin Green Tea Guarana Hawthorne Hoodia Kava Licorice Root Ma Huang Multi-Vitamins MyoCalm Protein Bars Protein Powders Protein Shakes Quercetin Red Clover St. John's Wort Valerian Vitamin E Willow Yohimbe</p>
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If you need minor pain medication, please take acetaminophen (Tylenol).

